

Dallas County Coalition

Minutes

Lutheran Church of Hope Waukee
305 N.E. Dartmoor
Waukee, Iowa 50263
10:30am -12:00pm
Wednesday August 28, 2019

Attendance and Introductions

Samra Hiros (American Lung Association), Myra Willms (ISU Extension), Joy Greer (Family Connections), Jeannette Luthringer (Every Step), Debb Franz (Juvenile Court), Kelly Phelps (CCRR), Val Cameron (ISU Extension), Nikki Kinkennon-Betts (CIAC), Julie Davis (CCRR), Lyndsay Marron (Waukee Schools), Christina Schalk (Head Start), Roxanne Wood (Every Step), Sue Winkler (Every Step), Tabby Kuel (Every Step), Rachel Jackson, Nate Stephens (YSS), Abigail Ackers, Rhonda Lewis (Zion), Dawn Walton (Zion), Marisue Hartung (ISU Extension) Debra Schrader (4 R Kids ECI).

Every Step provided a presentation about the Iowa Family Support Network and the Children at Home program.

Agency Sharing

- CCRR will provide an informational meeting regarding starting a child care business October 22 from 6:00-7:30 at Waukee Community church, 115 N warrior Lane in Waukee.
- Information regarding mobile food pantries were shared, West Des Moines Crossroads church September 16th from 5:00-6:30 and Adel New Hope Youth center September 23 from 5:30-7:30.
- Early Head Start and Head Start has openings contact New Opps for more information.
- Freedom from Smoking training will be September 20, 2019 from 8:00-4:00 and the cost is \$400, contact American Lung Association to sign up.
- Children's bunk beds may be available to Dallas County through www.shpbeds.org.
- Zion shared data from the Iowa Youth Survey, e-cigarette usage is up. Opioid overdoses information was also provided, Opioid overdose awareness day is 8-31-19.
- The Dallas County Closet is open September 4, 10, 16 and 28th, at 43 NE Carefree Lane in Waukee. Contact waukeecommunitycloset@gmail.com for more information

Early Childhood Updates/Information

- The 4 R Kids ECI board has positions on the board.
- The Dallas County early childhood services map was reviewed and updates will be made and posted at www.4rkids-eci.org.
- The FY19 executive summary was shared.
- Samra Hiros informed coalition she is working with the Sheriff of Dallas County on drafting a letter to go out to schools. Samra shared data from the recent Iowa Youth Survey (IYS) with the coalition members. Most notably, there was a drastic jump in electronic e-cigarette use among 11th graders in the county (25% reporting current use). Staff also talked about the Freedom From Smoking facilitator training coming up in September. See written report, 2018 IYS data, and Freedom from Smoking Facilitator training flyer for more information

Dallas County Children's Advocacy Council Updates/Information

- **Memorandum of Understanding**
- A 2021 memorandum of understanding between the Dallas County Children's Advocacy Council and Community Partnerships for protecting Children is required to be signed and submitted to Prevent Child Abuse Iowa by September 16, 2019. This is a requirement in order to apply for funding in FY21. After much discussion it was consensus that DCCAC Council is to be the legal applicant for the request for proposal that is to be released in December or January.
- FY19 request for proposal application was reviewed to garner possible guidance for the future RFP. The last RFP, three projects could be applied for out of the following four services, family support services, crisis care services, sexual abuse prevention and community development. It must be clear as to what agency will take the lead for each program before submitting a proposal and the agency's involved would be required to assist with the RFP application. Letters of agreement would also be required for some of the programming. An informational meeting will be held with agencies interested in applying for funding.
- The FY19 showcase summary was shared.
- The PCA regional meeting is October 4th in Johnston.

Generation Wellness Update/Information

- Generation Wellness is in the process of updating the website.

Next meeting: September 25, 2019 at 10:30.

Respectfully submitted by Debra Schrader





The American Lung Association holds the Community Partnership grant funded by the Iowa Department of Public Health. We serve Polk, Dallas, Warren, Jasper, Marshall, Adair, Union and Madison Counties and follow best practices for tobacco control outline by the CDC:

- 1) Prevent initiation of tobacco use among youth
- 2) Promote youth and adult tobacco cessation
- 3) Reduce secondhand smoke exposure
- 4) Identify and eliminate tobacco related disparities among population groups

FY2020 Initiatives for Dallas County (As of 8/28/19)

Dallas County FY2020: \$45,362.

Tobacco-free Worksites (0/3)

- Starting off with initiative.
- Reaching out to any leads from last fiscal year
- Planning on conducting drops.

Quitline Iowa

- Staff met with a staff member from Crisis Intervention and Advocacy Center to inform of Quitline Iowa and referral process
- Staff also spoke to Zion Recovery Services in Adel. Waiting to hear back about potential staff presentation

Tobacco-free Childcare: Goal (0/2)

- Staff is planning on conducting drops
- If you know of any childcare providers interested in a tobacco and nicotine-free policy, please have them reach out to me.

Coalition Development

- If any coalition members are interested to take back resources again, reach out to me at samra.hiros@lung.org

Coalition Development (0/1)

Other notes:

Met with the Sheriff of Dallas County recently. Working on sending a letter out to Dallas County Schools.

2018 IYS Results:

-25% of 11th graders in Dallas County reported current use of **E-cigarettes**

-22% is also Iowa average (for 11th grade)

-6% of 8th graders in Dallas County reported current use of **E-cigarettes**

-8% is Iowa average (for 8th grade)

-1% of 6th graders in Dallas County reported current use of **E-cigarettes**

-2% is also Iowa average (for 6th grade).

-5% of 11th graders in Dallas County reported current use of **cigarettes**

-6% is Iowa average (for 11th grade)

-1% of 8th graders in Dallas County reported current use of **cigarettes**

-2% is Iowa average (for 8th grade)

Section II. Alcohol, Tobacco, and Other Drug Use Tables

Iowa Youth Survey • 2018 Dallas County Results																	Iowa Youth Survey • 2018 State of Iowa Results																							
Alcohol Use Current (Past 30 Day Use): B16, B17, B18, B19 Ever: B15, B16, B17, B18, B19																																								
Any Alcohol Use	6th Grade					8th Grade					11th Grade					All Grades					6th Grade					8th Grade					11th Grade					All Grades				
	TOTAL		M	F	TOTAL	M		F	TOTAL	M		F	TOTAL	M		F	TOTAL	M		F	TOTAL	M		F	TOTAL	M		F	TOTAL											
	2%		2%	2%	4%	5%		4%	24%	23%		24%	7%		8%	7%	3%	3%		2%	7%	7%		7%	20%		20%	21%	10%											
	13%		17%	9%	18%	19%		18%	47%	47%		47%	22%		24%	21%	17%	20%		13%	25%	27%		24%	47%		45%	49%	29%											
Current	2%		2%	2%	4%	5%		4%	24%	23%		24%	7%		8%	7%	3%	3%		2%	7%	7%		7%	20%		20%	21%	10%											
Ever	13%		17%	9%	18%	19%		18%	47%	47%		47%	22%		24%	21%	17%	20%		13%	25%	27%		24%	47%		45%	49%	29%											

Note: Questions included in the "Alcohol Use: Current" and "Alcohol Use: Ever" categories vary each survey year, depending on what questions are included in the YS. Caution is recommended when comparing these tables across survey years, with a careful review of component questions strongly encouraged.

Note: Questions included in the "Alcohol Use: Current" and "Alcohol Use: Ever" categories vary each survey year, depending on what questions are included in the IYS. Caution is recommended when comparing these tables across survey years, with a careful review of component questions strongly encouraged.

Iowa Youth Survey • 2018 Dallas County Results																	Iowa Youth Survey • 2018 State of Iowa Results																
Tobacco Use Current (Past 30 Day Use): B28, B32, B33, B34, B35, B36 Ever: B27, B28, B29, B30, B31, B32, B33, B34, B35, B36																																	
Any Tobacco Use	6th Grade			8th Grade			11th Grade			All Grades			6th Grade			8th Grade			11th Grade			All Grades											
	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F									
	1%	1%	1%	2%	2%	1%	7%	9%	4%	2%	3%	1%	1%	1%	1%	3%	3%	3%	8%	9%	6%	4%	4%	3%									
	Current	1%	1%	1%	2%	2%	7%	9%	4%	2%	3%	1%	1%	1%	1%	3%	3%	3%	8%	9%	6%	4%	4%	3%									
	Ever	2%	3%	1%	5%	7%	16%	20%	10%	6%	8%	4%	3%	3%	2%	7%	8%	7%	17%	19%	15%	9%	9%	8%									
Cigarettes Current: B28, B32, B36 Ever: B28, B29, B30, B32, B36																																	
Current	0%	0%	0%	1%	2%	1%	5%	5%	4%	2%	2%	1%	1%	1%	1%	2%	2%	2%	6%	6%	5%	3%	3%	3%									
Ever	1%	1%	0%	3%	5%	2%	9%	11%	7%	4%	5%	2%	1%	1%	2%	5%	5%	4%	11%	12%	11%	5%	6%	5%									
Menthol Cigarettes B36																																	
Current	0%	0%	0%	1%	1%	0%	3%	3%	3%	1%	1%	1%	0%	0%	0%	1%	1%	1%	3%	3%	3%	2%	2%	1%									

Note: Questions included in the "Tobacco Use: Current" and "Tobacco Use: Ever" categories.

Note: Questions included in the "Tobacco Use: Current" and "Tobacco Use: Ever" categories vary each survey year, depending on what questions are included in the IYS. Caution is recommended when comparing these tables across survey years, with a careful review of component questions strongly encouraged.
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Iowa Youth Survey • 2018 Dallas County Results

Iowa Youth Survey • 2018 State of Iowa Results

Tobacco Use (continued from previous page)

Any Tobacco Use	6th Grade			8th Grade			11th Grade			All Grades			6th Grade			8th Grade			11th Grade			All Grades		
	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F
Cigars	B33																							
Current	0%	0%	0%	1%	1%	0%	3%	4%	1%	1%	1%	0%	0%	0%	0%	1%	1%	1%	3%	4%	2%	1%	2%	1%
Smokeless Tobacco	Current: B34 Ever: B31, B34																							
Current	1%	1%	0%	0%	1%	0%	3%	4%	1%	1%	1%	0%	0%	0%	0%	1%	1%	1%	3%	5%	1%	1%	2%	1%
Ever	1%	1%	0%	1%	3%	0%	6%	10%	2%	2%	4%	1%	1%	1%	1%	2%	3%	2%	7%	11%	4%	3%	5%	2%
Water Pipe or Hookah	B35																							
Current	0%	0%	0%	1%	1%	0%	1%	1%	2%	1%	1%	0%	0%	0%	0%	1%	1%	1%	1%	2%	1%	1%	1%	1%

Note: Questions included in the "Tobacco Use: Current" and "Tobacco Use: Ever" categories vary each survey year, depending on what questions are included in the IYS. Caution is recommended when comparing these tables across survey years, with a careful review of component questions strongly encouraged.

Iowa Youth Survey • 2018 Dallas County Results

Iowa Youth Survey • 2018 State of Iowa Results

Electronic Cigarette Use
Current (Past 30 Day Use): B38
Ever: B37, B38

Electronic Cigarettes	6th Grade			8th Grade			11th Grade			All Grades			6th Grade			8th Grade			11th Grade			All Grades		
	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F	TOTAL	M	F
Current	1%	2%	1%	6%	7%	5%	25%	28%	22%	8%	9%	7%	2%	3%	2%	8%	8%	8%	22%	23%	22%	10%	11%	10%
Ever	4%	5%	3%	14%	15%	13%	42%	42%	41%	16%	17%	15%	6%	7%	5%	17%	17%	16%	37%	36%	38%	19%	19%	18%

Note: Questions included in the "Electronic Cigarette Use: Current" and "Electronic Cigarette Use: Ever" categories vary each survey year, depending on what questions are included in the IYS. Caution is recommended when comparing these tables across survey years, with a careful review of component questions strongly encouraged.

Be the turning point in someone's quit smoking journey.

Over 36 million people continue to smoke despite the fact that every year in the U.S. more than 480,000 people die from tobacco use and exposure to secondhand smoke.

A majority of smokers want to quit smoking, but smoking is an addiction and a hard one to overcome. As an American Lung Association Freedom From Smoking® Facilitator, you have the unique opportunity to serve your community in a tangible way by helping people break their addiction to tobacco.

Through Freedom From Smoking, you'll be able to show participants:

- How to know if they're really ready to quit
- Medications that can increase their success
- Lifestyle changes to make quitting easier
- How to prepare for their quit day
- Coping strategies for managing stress & avoiding weight gain
- How to stay smokefree for good



Freedom From Smoking's Group Clinic includes eight sessions for up to ten participants at a time. As a Facilitator, you will be formally trained to lead the program by an American Lung Association employee and follow a step-by-step Facilitator Guide for each session. In addition, you will have access to tools and resources throughout the duration of your volunteer service, and you can lean on the support network of other Facilitators nationwide.

Iowa Facilitator Training Details

Date: Friday, September 20th, 2019

Location: American Lung Association

2530 73rd St.
Urbandale, Iowa 50322

Time: 8:00 a.m.–4:00 p.m.

Cost: \$400 Includes lunch, workbook, and facilitator manual

Register today:

Click here or contact:

Alyssa DePhillips, MA

Health Promotions Specialist

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