Adair County Family Support Referral Map

Purpose: The purpose of the family support referral map is to provide a simple tool to access and identify resources.
Family Support Definition: Family support programs include group-based parenting education or home visiting programs that are designed to strengthen protective factors, including parenting skills, increasing knowledge of child development, and increasing family functioning and problem-solving skills.

Program Name	Parents as Teachers	New Parent Program	FaDSS	Maternal Child Health	Early Access
Agency & Contact Info	Southwestern Community College 641-782-1308	Lutheran Services in Iowa 515-520-3823	SCICAP 641-774-8133	Matura 641-202-7114	Green Hills AEA or Heartland AEA 800-425-4371
Home Visitation	X	X	X	X	X
Group Parent Education	X				
Evidenced based program	X	X	X	X	X
No Cost	X	X	X	X	X
Eligibility	●Must reside in the county ●Have child age prenatal up to kindergarten entry (ages 0-5) ●200% federal poverty level	●Must reside in the county ●Be prenatal or have newborn up to 90 days after birth ● High risk ●200% federal poverty level	●Must reside in the county ●Must be receiving Family Investment Program (FIP)	●Must reside in the county ●Pregnant women on WIC ●Children age 0-21	●Have a child age prenatal up to age 3 with the probability of developmental delays
Program Description	●Long term home visitation ●Offers personal visits ●Group based parenting education ●Developmental screenings ●Connects families to community resources	●Strength based ●Long term, (up to 5 years) ●Holistic family focused ●Pre & post-natal education for a healthy pregnancy, birth, and beyond ●Track/monitor developmental milestones	●Home visitation Program ●Offers personal visits ●Set goals and advocate with you for other services ●Referrals to other community services	●Provide pregnancy support and health education and referral ●Provide informing & care coordination to assist with establishing a medical or dental home; provide oral health services, developmental & lead screenings ●Provide depression screening & nutrition ed.	●Supports families regarding child development ●Encouraging families to teach their child throughout daily routines ●Provides information and emotional support to families ●Coaching for families to problem solve and identify learning opportunities
Participant Benefits	●School readiness & success ●Learn about child development ●Improve parenting practice ●Parent support	●Increase positive parent child interaction(s) ●Build strategies for positive discipline ●Connect with local resources	●Assist in attaining self sufficiency ●Referral to resources ●Assist in locating housing and other services needed ●Parent Support	●Establishment of medical and dental home ●Improved birth outcomes ●Learn about child development ●Early referral	●School readiness ●Family support

Examples of Appropriate Referrals to Family Support Programs	
Scenario 1	**Appropriate Referral**
Primary caregiver resides in Adair County, is an **expectant first-time parent** who is receiving **FIP** benefits. She has completed the 11th grade and resides with her parents. She is interested in parenting information and support, as well as, getting connected to formal and informal support in the community. **Proper nutrition** and eating during pregnancy are also concerns.	• Maternal Child Health • New Parent Program • FaDSS
Scenario 2	**Appropriate Referral**
Primary caregiver resides in Adair County and is 23 **years old.** Expresses concerns over **social-emotional development** of her **2 1/2-year-old**. She is also expecting another child and recently moved to Adair County. She is married and she and her 28-year-old spouse have college degrees. She has chosen to stay home and they are at **200% of federal poverty**. She would like to get connected to other parents with children under five.	• Maternal Health • Parents as Teachers • Early Access
Scenario 3	**Appropriate Referral**
Primary caregiver resides in Adair County, is **32 years old** and is 21 weeks **pregnant** with a second child. Mom is working part-time, struggles to keep employment, and has minimal support. She wants help locating needed items to prepare for a new baby and not sure where to start. She receives **WIC, Medicaid, and FIP** and has questions regarding labor and medical coverage for when the baby arrives.	• Maternal Child Health • New Parent Program • FaDSS
Scenario 4	**Appropriate Referral**
Primary caregiver resides in Adair County, is **28 years old** and has income equal or below **185% of federal poverty** with children ages 2 and 5 and receiving, FIP, WIC and/or food assistance. Mom is struggling to get nutritious food on the table for the children because she does not have the background to make the best food decisions.	• FaDSS • Parents as Teachers
Scenario 5	**Appropriate Referral**
Primary caregiver is a **21-year-old** male and has concerns that his 2-year-old child is **not talking** and throws **temper tantrums**.	• Early Access • Parents as Teachers
Scenario 6	**Appropriate Referral**
Caregiver resides in Adair County, is the mom of an **18-month-old and a 3 1/2-year-old**. Both she and her husband work full time. She is interested in **parenting information and support** to know what is appropriate to expect from her children, to help them with their future school success, learn ways to help her children behave and get along.	• Parents as Teachers

WIC = Women Infant and Children's (food program)
FIP = Family Investment Program (cash assistance to needy families)
Hawk-i = Health and Well Kids in Iowa (health insurance program)
Medicaid or Title 19 = health insurance
FPL - Federal Poverty Level

Updated 11-10-26